Want a fast, convenient way to get the flu shot for you and your family? Visit your local pharmacy!

ACCORDING TO THE CDC, ALMOST 90% OF **AMERICANS LIVE WITHIN 5 MILES OF A PHARMACY.**

Why get a flu shot?

Doctors recommend everyone over the age of 6 months get a flu shot. You're not only protecting yourself, but also those who are more at risk of getting the flu, including:

Pregnant women

Children under 5



Adults over 65



People with asthma, diabetes, or a weak immune system

THE FLU CAN BE PREVENTED **BY FREQUENT THOROUGH** HANDWASHING, COUGHING INTO AN ELBOW OR TISSUE, STAYING HOME WHEN SICK. AND LIMITING CONTACT WITH OTHERS.

Before you go, call or check the website to find out:



Is the flu shot covered by my Medical **Provider** insurance?



Are flu shots currently in stock and available at Sample Pharmacy?



Can I walk in or do I need to make an appointment?

Wondering about a COVID booster? Visit www.cdc.gov to see if vou're due for a COVID booster. In some instances, vou can get vour booster and flu shot at the same time.

Log on to your member portal at samplevendor.com or call XXX-XXX-XXXX to find an in-network pharmacy.

Walk in or schedule a flu shot at one of our participating pharmacies, Sample Pharmacy 1 or Sample Pharmacy 2.

Find a list of locations at samplepharmacy.com.

